Medicare Resources

Did you know the Area Agency on Aging District 7 (AAA7) has someone on staff who can help answer any questions you might have about Medicare?

Our Agency can assist the community with questions, provide information regarding Medicare Part D sign-up activities, and/or



help with finding a Medicare supplemental insurance. We also provide information about other services made available through our Agency, and make references to additional community organizations that may be able to help.

Since the pandemic started, we have featured "Medicare Monday" information each week on our Facebook page and through our community e-mail list. This education provides a special tip regarding Medicare and information that beneficiaries or the community may find helpful. Most recently, the Ohio Senior Medicare Patrol offered to help sponsor this initiative and we are most grateful for their encouragement and support.

Through the Ohio Senior Medicare Patrol, education is provided to the public about Medicare fraud and scams. This helpful information can assist seniors with preventing, detecting and reporting healthcare fraud, errors and abuse. Through the AAA7's "Medicare Monday" feature, information about Medicare fraud and scams is also provided to help raise awareness.

To stay on top of the newest "Medicare Monday" education, find us on Facebook or sign-up for our community e-mails through our website. If you need further assistance, you can reach out to our Community Outreach Department at 1-800-582-7277 or e-mail info@aaa7.org.

If you have questions about Medicare or would like further information on programs that may save you money on your Medicare Part D prescriptions, reach out to Kristy Bowman at the same number or e-mail.

For further information about Medicare scams and frauds and to stay on top of alerts, reach out to the Ohio Senior Medicare Patrol through ProSeniors at 1-800-488-6070, option 7, or log on to www.proseniors.org/ohio-smp/

QUICK QUIZ

Caregiver Assistance Newsletter - August 2021

Older adults are especially susceptible to the severe symptoms of COVID-19, but people of all ages can have cases serious enough to require hospitalization or even result in death. Read the issue and answer True or False to the questions below.

- 1. To help prevent COVID-19, open a window and turn on a fan to bring in and circulate fresh air if it is safe and practical to do so. T F
- 2. Clean frequently touched surfaces between use like tables, doorknobs, light switches, etc. with soap and water and then use a household cleaner to disinfect. T F
- 3. When washing your hands, lather-up away from running water so the lather is not washed away. T F
- 4. The CDC recommends using alcohol-based hand rubs with 60-95% alcohol in healthcare settings. T F
- 5. Masks are a simple barrier to help prevent your respiratory droplets from reaching others. T F
- 6. It is especially important to wear a mask when you are indoors with people you do not live with and when you are unable to stay at least 6-feet apart. T
- 7. It is not important to thoroughly wash the front and back of hands, between fingers and at least two inches up your wrists. T
- 8. Avoid hugging, kissing, or sharing food or drinks with people at increased risk for severe illness in your household. T F
- 9. Clean your hands with soap and water or hand sanitizer immediately after touching your face (eyes, nose, mouth). T F
- 10.Even if a family member is at increased risk for COVID-19, it is okay for them to care for others in their household. T

KEY: 1. T 2. T 3. T 4. T 5. T 6. T 7. F 8. T 9. T 10. F